

Since first standing before a classroom as a junior high teacher more than six decades ago, Dr. Ron Kaiser has spoken, taught, consulted, and contributed to the well-being of countless thousands of people of all ages.

After a history in teaching at the secondary college, and graduate school levels, followed by work in career guidance and forensic psychology areas, Dr. Kaiser transitioned to the health psychology field, and until recently he was Director of Psychology at the world-famous Jefferson Headache Center, affiliated with the Sidney Kimmel Medical College at Thomas Jefferson University – where he also served as Clinical Associate Professor of Neurology.

Bringing his positive psychology background to the health care field he developed innovative concepts such as Goal-Achieving Psychotherapy and The Type P Personality, and more recently he has focused on aging with a purpose, and he developed the concept of RUJUVENAGING®. His book, REJUVENAGING®: The Art and Science of Growing Older with Enthusiasm, is a must-read for the increasing number of older adults who are choosing to improve and not decline during their senior years, as well as for those who are in a position to help them to do so. It is also the basis for educational and mentoring programs that can be presented to your organization.

As an engaging speaker, whose plain talk and sense of humor, inspires others to take massive positive action to own the aging process, he can bring change to your community or organization. To hire him as a speaker, consultant, trainer, or coach, please contact him at:

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